

# ALL DAY MENU

**Croissant w Housemade Jam** 6  
**w Ham & Provolone** 8  
**Almond Croissant** 6.5

**Banana Bread or Fruit Loaf** 6  
(Add Ricotta & Honey + 2)

**TOAST w Spreads** 6.5  
**Brickfields** Sourdough, Soy & Linseed,  
**Nonie's** Gluten Free (add +1)  
- **King Valley Dairy Cultured Butter (add + 1)**  
- Housemade Jam  
- Peanut Butter  
- Vegemite  
- Nutella

## **SIDES**

Free Ranged Poached Or Boiled Egg 3.5  
Provolone, Or Fresh tomato 4  
Smashed Avo, or Marinated Goats Feta 4.5

## **Deli Sides**

Bacon, Or Ham 5  
Smoked Salmon, Prosciutto San Danielle,  
,Bresaola, Or Salami Calabrese 5.5

**TOASTED HAM CHEESE TOMATO** 10

**Bacon & Egg Brioche Roll** 9.5  
w Cheese & Chilli Jam **(ADD AVO + 2.5)**  
**EGG BENNY BRIOCHE ROLL** 9.5  
w Bacon or Ham **(Smoked Salmon + 1)**

**FREE RANGED EGGS** 12  
(Poached, Fried or Scrambled) on  
Sourdough w King Valley Dairy  
Cultured Butter, & Housemade chilli  
Jam.

**VEGAN APPLE BIRCHER** 13.5  
w Coconut Yoghurt, Poached Pear &  
Rhubarb.

**ORGANIC ACAI BOWL** 14  
Topped with Granola, Seasonal Fruit,  
Chia seeds and Shredded Coconut

# Parma

**CHILLI CHORIZO SCRAM** 16  
w Spinach & Fetta on Sourdough.

**BRIOCHE FRENCH TOAST** 14.5  
Orange Ricotta, Cinnamon, & Maple  
Syrup. **(Add Bacon 4)**

**EGGS BENEDICT** 16.5  
w Ham or Bacon.  
**(Smoked Salmon ADD +1)**

**EGG WHITE OMELETTE** 16.5  
Poached Chicken, Spinach, &  
Mushrooms, w Side of Sourdough.

**AVO SMASH** 15.5  
Marinated Goats Fetta, Lemon, Cherry  
Tomato, & Mint. **(ADD Poached Egg + 3.5)**

**THE OLD SCHOOL** 19.5  
Eggs your way, Bacon, Halloumi , Avocado,  
Spinach, Potatoes, Toast, & Chilli Jam.

**PARMA B.L.A.T** 15  
Bacon, Roquette, Avo, Tomato, &  
Homemade Chili Jam. **(ADD FRIED EGG + 3.5)**

**FIELD MUSHROOM** 12.5  
Roasted topped with Fried Egg, tomato  
reduction, Spicy Dukkah, Roquette, &  
Parmesan.

**SMOKED SALMON** 14  
Truffled infused Mascarpone, Capers, Lemon  
on Sourdough.

**SMASHED PEAS** 12  
Roquette, Fetta, & Balsamic Glaze on  
Sourdough. **(Add Prosciutto SD 5.5)**

**PARMA 6 CHEESE TOASTIE** 10  
Provolone, Cheddar, Mozzarella, Parmesan,  
Pecorino, & Raclette. **(ADD SALAMI &  
Truffle Oil + 4)**

**POTATO BRAVAS** 8.5  
w Sour cream & Sweet Chilli

**12 HOUR PULLED PORK** 15  
Charcoal Milk Bun, Apple, Cabbage, & Fennel  
Slaw. **(ADD PATATA BRAVAS + 4)**

**FLIP PAGE FOR MORE MENU ITEMS**

**INSTAGRAM : @PARMA\_DARLINGHURST**

## SALADS

### **CAESAR 16**

Poached Chicken, Crispy Prosciutto,  
Poached Egg. Parmesan, & Baby Cos.

### **THE CALI 16**

Smoked Salmon, Roquette, Avo, Pine nut,  
Balsamic Vinegar, & Olive Oil.

### **MEDITERRANEAN 16**

Quinoa, Kalamata Olives, Marinated Goats  
Feta, Semi Dried Tomatos, Sliced Almonds,  
Roquette, Lemon & Herbs.

**(ADD POACHED CHICKEN + 3.5)**

### **SPANISH CHORIZO 16**

Chorizo, Roasted Pumpkin, Brown Rice,  
Baby Spinach, Spring Onion, Dried  
Cranberry, Lemon juice, & Olive Oil.

### **BRESAOLA PLATE**

Roquette, Shaved Parmesan, Olive  
Oil, Lemon, & Fresh Sourdough

**\$22**

## PARMA JAFFLES

### **BOLOGNESE**

### **CHEESEBURGER**

### **MAC N CHEESE**

**8.5**

### Sourdough Toasties

#### SALAMI

Spinach  
Tomato  
Provolone  
**12.5**

#### PROSCUITTO

Buffalo Mozzarella  
Basil  
Tomato  
**13.5**

#### MORTADELLA

Sun Dried Tomato  
Provolone  
**12.5**

#### TUNA

Tomato  
Baby Spinach  
**12.5**

#### HALLOUMI

Pesto  
Tomato  
Roquette  
**12.5**

## **FRESHLY SQUEEZED JUICES**

### **THE O.G.**

ORANGE, APPLE, BEETROOT, CARROT & GINGER

### **METABOLISM BOOSTER**

APPLE, GRAPEFRUIT, & MINT

### **IMMUNITY**

LEMON, GINGER, CARROT, CELERY, & KIWI FRUIT,

### **PURPLE HAZE**

PINEAPPLE, BEETROOT, APPLE

7.5

### **COFFEE**

#### **(THE BLACK LAB)**

Flat White, Cappuccino, Latte, Piccolo, Long Black

3.5 Reg/ 4 Lrg

Espresso, Ristretto, Macchiato

3

**CHAI, MATCHA, OR TURMERIC LATTE**

4.5

Iced Latte, or Long Black

4

Affogato

5.5

**Extras: Extra Shot, Decaf, Soy (Bonsoy), Almond (Milk Lab). 0.5**

**Macamilk 1**

### **ORGANIC TEAS**

#### **(LITTLE WILDLING CO.)**

(English Breakfast, Dirty Dandy  
chai, I Need A Moment, Wild Mr  
Earl Grey, Peppermint Organic,  
Sencha Green Organic)

**4.5**

## **SHAKES**

Jaffa, Choc Mint, Coffee,  
Banana, Chocolate, Strawberry,  
Vanilla

**7.5**